

12 Habits Leaders Guide



Getting Started:

- Talk to the person discipling you about starting a group
- Pray about who you will disciple, identify them and invite them by going over page 4 of the *12 Habits Manual*
- When & Where: Set your predictable pattern.
- Take assessment @ <http://lfachurch.org/discipleship/>
- Keep following Jesus, Keep praying for your people and start making disciples!

Empowering Disciples to become more like Jesus

WARNING: This manual is not a script to be followed rigidly but a tool to help you track the work of the Holy Spirit in the formation of disciples



1987 S. Lincoln Ave
Vineland, NJ 08361
856.696.3444
www.LFACHurch.org

How to use this book:

Based on the 12 habits assessment, use this tool to help you locate which habit your discipleship group will be focusing on and lovingly lead in the **KNOW, SPEAK and DO** of training disciples.

- **LOVE:** Create trust, catch up, hang out
- **KNOW:** Ask questions like, "What God is doing in your life?"
- **SPEAK:** Speak into the situation as best you can
- **DO:** Agree together on one specific action you can do

Purpose of Discipleship Groups

Everything we need for life and godliness
is ours through knowing Jesus

2 Peter 1:3

1. Becoming a mature disciple of Jesus through a personal, life on life, intentional relationship
2. Learning to be a disciple who makes other mature disciples of Jesus

Reveal Jesus Through Mission

Seek to align my heart and time with Christ in areas of mission beyond my natural circle. Offer my gifts and leadership like Jesus did to "poor, outsiders who are shame-filled, sick and in bondage"

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- What has shaped your view of mission?
- What does mission/ministry look like in your life?
- What are the obstacles that keep you overly self focused and unwilling or unable to reach out beyond yourself into relationships with people that are not like you?
- What does God do in us when we live on mission?
- How do you feel God's view of you would change if you succeed or fail at living on mission?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- What does it say about God when the Bible talks about His desire that we would be with the least of these? Being with and taking care of "poor, outsiders who are shame-filled, sick and in bondage"?
- What would it look like in your life for God to empower you to seek and save the lost?
- How might God use you to contribute in bringing "Gospel access" to people who don't know Jesus?
- What are some current opportunities in your life for mission?
- How do you use your passions, desires, gifts, talents, etc. to expand the Kingdom?

Do: Agree together on a course of action

- Make a list of specific areas of your life that can become opportunities for mission
- Evaluate missional passions that you have. (taking care of orphans, widows, poor, homeless, etc.)
- Read 1 Corinthians 9:19-23 and write down what this could look like in your life
- Get exposure and training by being part of: Vineland Construction, Impact Harvest, NCA weekend, ToM, mission trips, missions giving

Reveal Jesus by Discipling Another

Become one who discipled, a DG leader, do for another what has been done for you. Reproducing my life in others, making sure I do not neglect my household

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- On a scale of 1 to 10, how competent/confident/responsible do you feel in discipling others? How does your past experience in discipleship effect that?
- What beliefs/thoughts/feelings about yourself hinder you from discipling others?
- What's your understanding of God's vision for making disciples? Your role, God's role?
- What's your heart-view of God in discipleship (when you fail, succeed, opt out, etc)?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- What truths of who God is do we need to depend on when we disciple others? (related to grace vs. works-based righteousness)
- What ways does God promise to empower you as you disciple others?
- As you embrace the identity of being a witness (Acts 1:8), how does that change what you believe about yourself?
- What needs to change before you embrace your role as disciple maker?

Do: Agree together on a course of action

- Following the leadership of the Holy Spirit and prayerfully list potential people to disciple
- Pray for empowerment and boldness
- Be discipled
- Talk to a Mentor to get equipped in the coaching tools (DG training gatherings) - Kairos Circle, 4G Ladder, Invitation and Challenge.
- Read Master Plan of Evangelism, Coleman
- attend pastorate leader training.

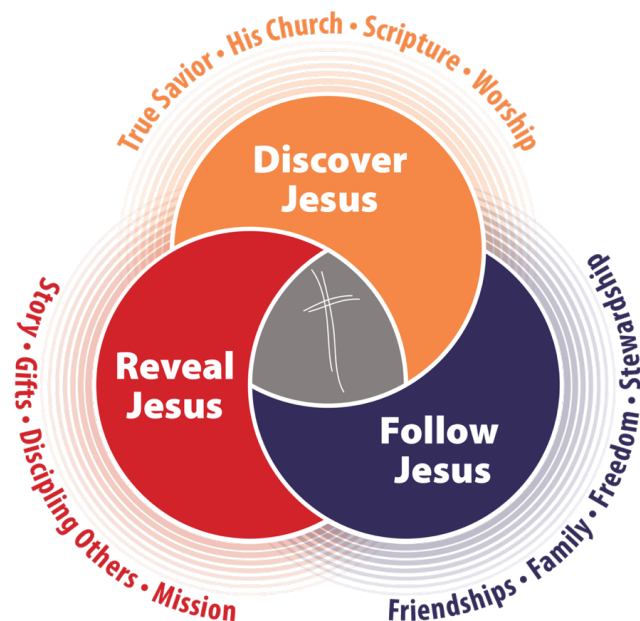


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Discover Jesus as True Savior

Daily watch for and confess the influence of false saviors in your life.

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- What have I looked to for life other than Jesus?
- Pay attention to your highs and lows. When do you feel all is well? When do you feel threatened?
- What do you do to secure “the good life”?
- Pay attention to your prayers or thoughts about God: what do you REALLY want God to do for you?
- How do you feel about God when He doesn’t come through with what you want?
- Are you finding God’s grace more glorious and moving now than you have in the past?
- Are you conscious of a growing sense of the evil of your heart and, in response, a growing dependence on and grasp of the preciousness of the mercy of God?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- What aspect of God’s character brings you security when life is up for grabs?
- What has Jesus done to turn God’s heart toward you?
- Because of the Gospel, what is the true state of your life?
- What changes in your life today might help to reflect your security in the Gospel?

Do: Agree together on a course of action

- Weekly Celebration, Altar Prayer, Starting Point
- Discipleship Group
- Faith Talks, 4G’s, The Gospel Ladder
- A season of counseling (pastoral or other)
- TFL courses: Story Formed Way, Gospel Primer, Alpha, Baptism Retreat

Reveal Jesus

with your Gifts and Talents

Daily watch for and confess the influence of “false saviors” in my life. Grow in discerning God’s design and unique calling on my life. Grow in organizing my life increasingly to free up time and resources to live out my call. Grow up, moving from receiver/consumer to giver/provider

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- What do you see as your gifts and talents? Are you currently using them for God’s Kingdom? If so, in what way(s)? If not, what are you fearful of losing or becoming, or what do you really want to gain or become by using your gifts and talents for your own purpose?
- How might God respond to you when you misuse your gifts and talents?
- What does your view of your level of gifts and talents say about how you view God? (Are you jealous of others’ gifts? Do you feel like God is withholding blessings from you? Is God not honoring your faithfulness in using your gifts?)

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- What truths do we see about God because of the gifts given to us? As I recognize my gifts as good and from God, what does that tell me about the giver?
- Where are the current opportunities to use your gifts and talents to advance Jesus’ Kingdom?
- What do I need to quit/stop/give up/adjust to be free to use my talents for God’s Kingdom?
- What’s the balance between your responsibility and God’s responsibility for effectiveness in your gift(s)?

Do: Agree together on a course of action

- Evaluate your gifts and talents. Inner sense of “yes”
- Spiritual gifts inventory at fivefoldministrytest.com
- Affirmation from the body
- Look for fruit
- Talk to those who have more experience/wisdom with the same gifts you have
- Pay attention for opportunities where God is inviting you into using those gifts and talents
- Volunteer in some ministry using PED
- TFL courses: SDI, Membership Class

Reveal Jesus in Telling Your Story

Pay attention to and grow in articulating God's grace at work in me. Grow in my awareness of what Jesus has graciously provided for me. Find my voice.

Avoid silence and seek to grow in discerning opportunities to speak the Gospel into daily conversations.

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- When you don't share your story, what does that lead you to do?
- What is driving you to/hindering you from sharing your story? When you don't, what do you believe about yourself?
- How do you think God might respond when you share or fail to share your story?
- When you fail to share your story, how do you think God sees you?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- How would it change the way you see your story when you see that God wants to partner with you?
- How do you see God empowering you when you share your story? (boldness, peace, etc)
- Why would it be important for you to share your story for the advancement of the Kingdom?
- What might be different in sharing your story if you were to fear God over man?
- Are you regularly aware of the little windows of opportunity to share your story?

Do: Agree together on a course of action

- Pay attention to openings and opportunities
- Pay attention to stirrings of the heart (positive or negative) in moments to share. Share God sitings and Gospel conversations
- TFL courses: Alpha, Baptism Retreat, DG: 4G's, Telling your Gospel Story, Gospel Primer
- Study Gospel fluency

Discover Jesus in His Church

Pray for my church regularly; attend the weekly Celebration, making a point to move toward others, especially guests. Choose to stay under my leaders and not opt out of relationship even when relationships are messy.

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- What attitudes rise up in you when those in spiritual leadership over you call you to follow?
- What fears surface in your life when you live truly connected to Jesus' church?
- What kind of church do you want God to provide for you? What do you want that church to do?
- What are you willing to do when God's church doesn't meet your expectations?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- How is God glorified through a people well-connected to His church?
- What truths of the Gospel are best displayed through a unified church?
- How has the Gospel freed you to be part of Jesus' church?
- What might you do in this week to demonstrate God's glory through His church?

Do: Agree together on a course of action

- Weekly Celebration, Altar Prayer, Starting Point
- TFL course: Alpha, Baptism Retreat, Membership Retreat, Discipleship Group
- Read *Relationships: A Mess Worth Making* by Paul Tripp
- Faith Talks
- Counseling (pastoral or other)
- Marriage Mentor
- Elder discipline
- Study the "one-another" passages in the Pauline epistles

Discover Jesus in Scripture

Embrace the authority of the Bible and seek revelation from God daily in Scripture

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- Are you consistently able to get to know God and His desires for your life and receive encouragement from God's Word as you study it?
- When you ignore the Bible, what do you study, research or watch? What do they offer you that the Bible doesn't?
- How well do you understand basic Bible study skills? How familiar are you with the basic story line of all the books of the Bible?
- What obstacles do you have to spending time in Scripture?
- What evidence is there of God's Word changing you?
- Which Biblical promises are you finding precious and encouraging?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- How does life go for you when you navigate life without God's Word?
- The goal of studying Scripture is to know and encounter Jesus. What is it (if anything) about Jesus that makes you want to study Him?
- In what ways have you experienced God making known His character and ways through Scripture? Psalm 1:1-2, Joshua 1:8
- How has truth from the Bible given you confidence to believe and act on what God said? (God revealed in Scripture is the basis for the faith that changes you. Romans 10:17)
- How has the Bible helped you grow in other areas of discipleship? (The Holy Spirit working through the Bible is the basis for how you will grow in all the habits of discipleship. 2 Timothy 3:16,17)

Do: Agree together on a course of action

- Study Luke 24. What does it teach about the centrality of Jesus in all Scripture?
- TFL course: Formed by His Word, Encountering God in Scripture, any of the Bible classes, or Greenhouse prep: 2yr training
- DG reading plan or Mission 119 app to start establishing a pattern of putting yourself before God's counsel
- Start journaling what you are learning about God
- Weekly Celebration: take sermon notes
- Seasonal Prayer Tools/Guides
- Read Driscoll books *On the Old Testament* and *On the New Testament*

Follow Jesus in Stewardship

Seek to recognize what God has given me. Seek to use what God has given me in a way that prioritizes the Kingdom of God. Seek to consciously oppose my culture's pattern of materialism and consumerism

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- In what ways are you demonstrating that your stuff, time, skills and money are not yours but God's and are available to bless others?
- What are some material things (treasure) that you could never let go of? Why? What do you hope will happen with your stuff when you die?
- Which of the three (time, talent, or treasure) is the most challenging for you to offer to God? By holding onto your "stuff," what does that offer you? (Safety, comfort, rest, etc)
- What does your struggle with stewardship tell you about what you put your hope in (false savior)?
- What does your struggle with stewardship tell you about your view of God? (He is not good, great, or glorious)
- I expect God to give me blessings when I _____.

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- What truth about who God is or what he has done would enable you to release time, talent and treasure to His priorities?
- God gives you the responsibility of stewardship in order to bring Him glory. What does that tell you about what He thinks of you?
- What has God given you that is meant to multiply the Kingdom?
- What is one practical step you can take over this next week to bless others through your stuff, time, skills and money? How would that better reflect His character?

Do: Agree together on a course of action

- Make a list of what God has given you in the area of time, talent and treasure
- Log your time or other resources
- Create a budget
- Read Matthew 25:14-30 and define the role of a steward
- Read *The Treasure Principle* by Randy Alcorn
- Deacons Ministry, Marriage Prep
- TFL: FPU, SDI
- Evaluate your work and assesses worship and mission

Follow Jesus to Freedom

Be courageously honest with myself and others regarding my "stuckness" and purposefully seek freedom from it

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- What habits/patterns/relationships do you feel a prisoner or held captive to? What specific places, people, things or actions bring bondage in your life?
- Are there any secret areas of this struggle?
- If you have ever experienced freedom in this area before, what were some things that brought about this freedom? If you haven't experienced freedom, what would healthy habits look like?
- What do you know of Jesus that would help you deal with guilt, shame, bondage, etc?
- How does your lack of freedom speak to what you really believe about who God is, and what He does?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and what is true of them that would lead/free them to walk in new patterns

- What needs to change about the places, people, things or actions that bring bondage in your life?
- What things do you need to remove from your life in order to experience the freedom that Jesus has for your life?
- What truth about who Jesus is or what He has done do you need to believe in order to make those changes?
- How can your discipleship group help hold you accountable or speak truth?
- Because of the Gospel, what is the true state of your life?
- What changes in your life today might help to reflect your true freedom found in the Gospel? What does walking in freedom by faith look like for you? (Hebrews 11:6)

Do: Agree together on a course of action

- Sunday Altar Prayer
- CR and TFL classes, Counseling, Deliverance, *Boundaries* (Cloud/Townsend)
- Daily discerning the Spirit, Marriage Mentor

Discover Jesus in Worship

Engage personally in worship daily (utilizing tools: radio, music, nature, etc) and corporately on Sunday (focus on God, turn off cell phone, not sit passively)

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- Do you regularly celebrate God in worship corporately and on your own? In what ways do you do this?
- If you were to track your joys, frustrations, thoughts and conversations, what would they tell you about what's most important to you and your view of God?
- Is your conversation with God primarily a petition or do you praise Him, celebrate Him and thank Him?
- Are you having any particular seasons of delight in God? Do you really sense His presence and fatherly love? If not, why not?
- How clear and vivid is your assurance and certainty of God's forgiveness? To what degree is that real to you right now?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and what is true of them that would lead/free them to walk in new patterns

- Are there good things that you have made ultimate things?
- What is the purpose of Thanksgiving (Romans 1:21)?
- Have you experienced the hardness of heart that comes from not acknowledging God or giving Him thanks (Romans 1:24)?
- According to Jeremiah 13:11 and Ephesians 1:11,12, what are we made to do?
- What reality about God will give you the courage to give up your pursuit of making something or someone greater than God?

Do: Agree together on a course of action

- Attend Sunday Celebration early and sit in the front, work hard at focusing on God, press in, take notes, engage
- Participate in worship night, discuss ideas for personal worship, singing, music, poetry, dance, silence
- Make a list of words that describe God. Let this list be your praise to Him
- Worship Tools: (radio, music, nature, etc), Sam Storms *One Thing*

Follow Jesus in Friendships

Intentionally and regularly interact with 2-3 other Christians (other than my spouse) who I share my life with (including my mess). Cultivate meaningful relationships with non-Christians who I share my life with at appropriate levels

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- What are the obstacles/hinderances to deep friendship? What is your mess? Who else knows it? Whose mess are you aware of? What do you feel about yourself/them in the midst of that mess?
- What are the positive/negative thoughts you have about friendship?
- What are you doing to address the mess (theirs or yours)?
- Where do you think God is in your mess?
- Why do you think God has allowed your mess?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- God is a relational God. Why do you think relationships are so important to Him?
- Think back to you when you first experienced the grace of Christ. What did He say to you then? Is that the same thing He says today? Explain.
- What are you actively doing to address the mess (outside of this group)?
- Take the conclusions about yourself and find verses to support or challenge those conclusions.

Do: Agree together on a course of action

- Discipleship Group or other intentional discipling relationship
- Being equipped in tools of disciple making (Kairos circle, Gospel Ladder, 4G's)
- TFL: life-stage training, *Emotionally Health Spirituality*, *Relationships: A Mess Worth Making*, *The Peace Maker*
- Counseling
- Training and coaching in leading DG
- Pursue conflict resolution, grief
- Study the book of Acts, Ephesians or Galatians

Follow Jesus in Family

Recognize my "Household" and grow in establishing the 4 Foundations. Commit to community (pastorate or ministry team), maturing as an extended family on mission

Know: Use diagnostic questions to know. Your goal is to help the disciple discern what is happening in their heart. Ask questions that point to the following: thoughts, feelings, inclinations, desires, drives, goals, hopes

- Talk about your ideal household. What would the perfect day in your house be like? What needs to change for your family to get healthy?
- On a scale of 1-10, how close are you to that ideal?
- What have you tried as training tools in your family? Do those tools work in your own life?
- Which of the 4 foundations are easiest/hardest for you and your family?

Speak: Label fears, false beliefs, false saviors and point them toward repentance. Speak to them what is true of God and His ways, what He has done and and what is true of them that would lead/free them to walk in new patterns

- God adopts you into His family. If you literally lived in God's house, what do you think His rules would be?
- God teaches us to be persistent in prayer (Luke 18:1-8). What are some prayers you can pray every day for those you do life with? Make a list.
- Some struggles are for our benefit and sanctification. Why do you think God has you in this season?
- What do you think it will look like when God brings the work in you/your family to completion?

Do: Agree together on a course of action

- Try one of the 4 Foundations this week. Come up with a plan to regularly practice the 4 Foundations
- Healthy pastorates, next generation summit, DG, Milestone Pathway, Parent Summit, Parent gatherings, *Tangible Kingdom Primer*
- Lifestage training in TFL, marriage mentors, pre-marriage ministry, Pastorate Leader Training
- Meditate on and memorize Deuteronomy 6:4-9